



## PE Curriculum Document



The following progression shows how our PE curriculum has been planned in line with our intent, providing opportunities to revisit and reinforce links with key knowledge and vocabulary. The table includes possible ideas for local and global learning. Below the table is a summary of how we might promote an understanding of our key aims of Local Community, Global Citizenship and Effective Communication within the PE curriculum.

### PE Progression across year groups

(Note: This is a working document, and will be refined and updated over time)

Year	Unit	Content	Links to previous learning	Possible ideas for Local Learning	Possible ideas for Global Learning
YR	Term 1	Invasion Games (Future Stars) Balancing			
	Term 2	Dance (Future Stars)			Different styles of dance – selected by class teacher
	Term 3	Gymnastics (Future Stars) Catching			
	Term 4	Multiskills (Future Stars) Mix and match			
	Term 5	Athletics (Future Stars) Striking			Famous athletes, where are they from?
	Term 6	Athletics (Future Stars) Throwing			Famous athletes, where are they from?
Y1	Term 1	Invasion Games (Future Stars) Throwing and catching	Invasion Games (YR)	Future Stars – local coaches and specialists	
	Term 2	Dance (Future Stars)	Dance (YR)	Future Stars – local coaches and specialists	Different styles of dance – selected by class teacher
	Term 3	Gymnastics (Future Stars) Benchball	Gymnastics (YR)	Future Stars – local coaches and specialists	
	Term 4	Multiskills (Future Stars) Dance	Multi skills (YR)	Future Stars – local coaches and specialists	Different styles of dance – selected by class teacher
	Term 5	Athletics (Future Stars) Striking a ball	Athletics (YR) Striking (YR)	Future Stars – local coaches and specialists	Famous athletes, where are they from?
	Term 6	Athletics (Future Stars) Dodgeball	Athletics (YR) Throwing (YR)	Future Stars – local coaches and specialists	Famous athletes, where are they from?
Y2	Term 1	Invasion Games (Future Stars) Yoga	Invasion Games (Y1)	Future Stars – local coaches and specialists	Where does yoga originate?
	Term 2	Dance (Future Stars)	Dance (Y1)	Future Stars – local coaches and specialists	Different styles of dance – selected by class teacher
	Term 3	Gymnastics (Future Stars) Football	Gymnastics (Y1)	Future Stars – local coaches and specialists	Famous footballers and the countries they are from. Who are

					current world, European champions?
	Term 4	Multiskills (Future Stars) Dance	Multi skills (Y1)	Future Stars – local coaches and specialists	Different styles of dance – selected by class teacher
	Term 5	Athletics (Future Stars) Tennis	Athletics (Y1) Striking a ball (Y1)	Future Stars – local coaches and specialists	Famous tennis players the countries they are from. Who are current Wimbledon champions?
	Term 6	Athletics (Future Stars) Handball	Athletics (Y1)	Future Stars – local coaches and specialists	
Y3	Term 1	Gymrun Swimming		Gymrun – local specialist coach Swimming – local specialist coaches	
	Term 2	Gymrun Swimming		Gymrun – local specialist coach Swimming – local specialist coaches	
	Term 3	Gymrun Dance – Romans?	Dance (Y2)	Gymrun – local specialist coach	Different styles of dance – selected by class teacher
	Term 4	Gymrun Football	Invasion Games (Y2)	Gymrun – local specialist coach	Famous footballers and the countries they are from. Who are current world, European champions?
	Term 5	Gymrun Athletics	Athletics (Y2)	Gymrun – local specialist coach	Famous athletes, where are they from?
	Term 6	Gymrun Cricket	Striking a ball (Y2)	Gymrun – local specialist coach	Where does cricket originate? Where is it popular?
	Y4	Term 1	Gymrun Netball	Gymrun (Y3) Invasion Games (Y2)	Gymrun – local specialist coach
Term 2		Gymrun Gymnastics	Gymrun (Y3) Invasion Games (Y2)	Gymrun – local specialist coach	
Term 3		Gymrun Tag rugby	Gymrun (Y3) Gymnastics (Y2)	Gymrun – local specialist coach	
Term 4		Gymrun Tennis	Gymrun (Y3) Tennis (Y2)	Gymrun – local specialist coach	Famous tennis players the countries they are from. Who are current Wimbledon champions?
Term 5		Gymrun Athletics	Gymrun (Y3) Athletics (Y3)	Gymrun – local specialist coach	Famous athletes, where are they from?
Term 6		Gymrun Rounders	Gymrun (Y3) Invasion Games (Y2)	Gymrun – local specialist coach	
Y5	Term 1	Gymrun Hockey	Gymrun (Y4) Invasion games (Y2)	Gymrun – local specialist coach	
	Term 2	Gymrun Dance	Gymrun (Y4) Dance (Y3)	Gymrun – local specialist coach	Different styles of dance – selected by class teacher
	Term 3	Gymrun	Gymrun (Y4)	Gymrun – local specialist coach	

		Swimming	Swimming (Y3)	Swimming – local specialist coaches	
	Term 4	Gymrun Swimming	Gymrun (Y3) Swimming (Y3)	Gymrun – local specialist coach Swimming – local specialist coaches	
	Term 5	Gymrun Athletics	Gymrun (Y4) Athletics (Y4)	Gymrun – local specialist coach	Famous athletes, where are they from?
	Term 6	Gymrun Cricket	Gymrun (Y4) Cricket (Y3)	Gymrun – local specialist coach	Where does cricket originate? Where is it popular?
Y6	Term 1	Gymrun Orienteering	Gymrun (Y5)	Gymrun – local specialist coach	
	Term 2	Gymrun Tag Rugby	Gymrun (Y5) Tag rugby (Y4)	Gymrun – local specialist coach	Which country is 5 nations winners? Who are World champions?
	Term 3	Gymrun Gymnastics	Gymrun (Y5) Gymnastics (Y4)	Gymrun – local specialist coach	
	Term 4	Gymrun Volleyball	Gymrun (Y5) Tennis – net games (Y4)	Gymrun – local specialist coach	Famous tennis players the countries they are from. Who are current Wimbledon champions?
	Term 5	Gymrun Athletics	Gymrun (Y5) Athletics (Y5)	Gymrun – local specialist coach	Famous athletes, where are they from?
	Term 6	Gymrun Rounders	Gymrun (Y5) Rounders (Y4)	Gymrun – local specialist coach	

<p style="text-align: center;"><b>Local Community</b></p> 	<p style="text-align: center;"><b>Global Citizenship</b></p> 	<p style="text-align: center;"><b>Effective Communication</b></p> 
<p>Our pupils will:</p> <ul style="list-style-type: none"> <li>• Take part in a variety of competitive events (including inter-school and local/regional league competitions).</li> <li>• Learn about local sporting figures and teams.</li> <li>• Work with local coaches and specialists to help further develop their performances.</li> </ul>	<p>Our pupils will:</p> <ul style="list-style-type: none"> <li>• Mark global or national sporting events e.g. the Olympics and Paralympics, World Cups, etc.</li> <li>• Learn about diverse sporting role models from around the world</li> <li>• Learn where different sports originate from, and the countries where they are played.</li> </ul>	<p>Our pupils will:</p> <ul style="list-style-type: none"> <li>• Learn to communicate effectively with others when playing team games or collaborating on an activity e.g. in putting together a dance.</li> <li>• Learn to reflect on and evaluate their own and others' performance so that they can coach one another to improve technique, style and tactics.</li> <li>• Learn to develop an appropriately positive and tactical mind-set and understand the impact this can have on performance.</li> </ul>

		<ul style="list-style-type: none"><li>• Use the correct terminology and vocabulary when taking part in physical activities and team games.</li></ul>
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